**PE task: snowball challenge!**

This week we are going to challenge you to see if you can keep fit, and challenge your PE skills using a piece of paper!

Here are three games that you could try playing with your family.

1. **Snowball Invasion**

With a parent of sibling scrunch up some old paper to make 10 ‘snowballs’. Create a divide line in the space you’re going to play using something from your house. This could be a skipping rope, over a table, old cloths.

To play: start with 5 balls each and set a 1 minute timer. Try and throw our balls into your opponent’s side of the court. The winner will be the player or team who has the least number of snowballs in their half after the 1 minute. You could challenge yourself by making more balls or standing further away from the divide line.

1. **Personal challenge**

Using one of your snowballs see how many times you can hit it in the air using the palm of your hand. Try to beat your own score, challenge others or try and keep it up with someone else.

1. **Target throw**

Play in pairs or team. Place a target a few metres away from where you are, you could use a ball, or piece of paper or something else you have around your house. Make 6 ‘snowballs’ from old paper.

Take it in turns to throw the snowballs towards the target, the person who gets closest is the winner. Repeat the game, you can move the target further away to make it more of a challenge or closer to make it easier.

**Additional:**

Imoves have offered free access to their online PE resources. Just follow the link, click on the button and sign up with your own email. On here you can access activities from dance to yoga and even some mindfulness activities.

[**https://bit.ly/35jMdM8**](https://email.evoluted.net/t/r-l-jkljlhjk-kuaiduihr-j/)